

Bridges Daily Schedule

Monday – 8:30 – Check-In/Current Events
9:00 – Jobs – Coborns, Playhouse
9:30 – Fitness
10:15 - Health
10:40 – Set up lunchroom
11:00 – Lunch
11:30 – Free time
12:00 – TCHS
12:40 – Lunchroom Duty
1:00 – Academics
2:00 – Clean-up
2:15 – Social skills

Tuesday – 8:30 – Check-In/Current Events
9:00 – Jobs – Hospital
9:30 – Fitness
10:15 - Health
10:40 – Set up lunchroom
11:00 – Lunch
11:30 – Free Time
12:00 – Gopher Crew
12:40 – Lunchroom Duty
1:00 – Independent Living
2:00 – Clean-up
2:15 – Social Skills

Wednesday – 8:30 – Check-in/Current Events
9:00 – Jobs – SpeedStop
9:30 – Fitness
10:15 - Health
10:50 – Lunchroom Set-up
11:00 – Lunch
11:30 – Free time
12:40 – Lunchroom Duty
1:00 – Art, Media, Guest speakers, etc
2:00 – Clean-up
2:15 – Social skills

Thursday – 8:30 – Check-In/Current Events
9:00 – Jobs – Nursing Home,
Bowling Alley
9:30 – Fitness
10:15 - Health
10:40 – Lunchroom set-up
11:00 – Lunch
11:30 – Free time
12:40 – Lunchroom duty
1:00 – Independent Living
2:00 – Clean-up
2:15 – Social Skills

Friday – 8:30 – Check-In/Current Events
9:00 – Jobs – Playhouse, Coborns
9:30 – Fitness
10:15 - Health
10:50 – Lunchroom set-up
11:00 – Lunch
11:30 – Free time
12:30 – Outing
2:00 – Clean-up
2:15 – Social Skills

This is a VERY basic schedule! We do so many things within this time – grocery shopping, cooking, errands, budgeting, taxes, job searching, college prep, self-esteem building, personal care skills, etc, etc, etc!!