

## PEANUT FREE SNACKS AND CANDY GUIDE

This list is meant to provide a guideline when purchasing snacks. It was updated September 2006, but since manufacturers sometimes change ingredients and manufacturing processes, we ask that you carefully read labels.

- Do not send any snacks or candy that contain peanuts
- Mixed bags of candy may contain safe and unsafe candy and are subject to cross-contamination.
- Avoid products whose labels read, "Manufactured/processed in a facility that contains peanuts" or "Many contain traces of peanuts."

BRAND	TYPE
Fruits and Vegetables	Any kind, including fresh fruit, carrot sticks, celery sticks, DelMonte Individual Fruit cups
Cheese	Any kind, including Swiss cheese, String cheese, Cheese sticks
Yoplait Yogurt	Go-Gurt
Sun Maid	Raisins
Nabisco	Teddy Grahams Premium Saltines Honey Maid Honey Graham Crackers (cinnamon, chocolate, and original) Honey Maid Graham Sticks Oreo's and Mini Oreo's Cookies (original only) Fig Newton Cookies Barnum's Animal Crackers Nilla Wafers Triscuits, Wheat Thins Fruit Snacks, Jello Fruit Snacks Cheeze-Nips (Original or white cheddar) Ritz crackers (Original size only, NOT Ritz bitz) Chips Ahoy (original flavor and size only)
Pepperidge Farm	Goldfish (cheddar, pretzel, pizza, original)
Hostess	Twinkies, Suzy-Q's, Chocolate Cup cakes, Ho-Ho's, Ding-Dongs, **Little Debbie Products are NOT safe**
Kellogg's	Rice Krispies Treats (Original) Fruit Snacks and Fruit Twistables Pop Tarts Nutri Grain Bars (blueberry, raspberry, blueberry, strawberry)
Betty Crocker	Fruit roll-ups fruit snacks Fruit by the Foot Fruit Snacks Fruit Gushers
Old Dutch	Puff Corn Pretzels (tiny twists, sticks, rods)
Frito Lay	White Corn Chips, Fritos Corn Chips, Cheetos, Doritos (any flavor) Classic Potato Chips, Wavy and Ruffles Lay's Original Potato Chips
Any Brand	Marshmallows
Krispie Kreme	All Varieties
Hershey's	Milk Duds, Whoppers, York Peppermint Patties, Rolos (not rolo mini), Twizzlers, Kisses (milk chocolate variety only) Classic Caramels, Kissables
Tootsie Roll	Tootsie Pops, Dots, Tootsie Rolls, Junior Mints, Caramel Apple pops
Mars, Inc.	Starburst Fruit Chews, or any other Starburst product, Skittles
Nestle	Sweet Tarts, Wonka Laffy Taffy, Wonka Nerds, Wonka Runts
Kraft	Lifesaver Gummies, Crème-savers soft candy, Caramels Jello Pudding snacks
Keebler	Town House Crackers (plain) Graham Crackers (original, cinnamon and honey)

Sunshine	Cheeze-it Crackers Hi Ho Crackers
Pringles	Pringles Potato Chips are safe

NOT safe snacks:

This "NOT safe" list is not extensive, but merely a list of common products that are NOT safe

- No peanut butter/nuts/trail mix
- No products that do not have a list of ingredients
- No baked goods
- No donuts (except Krispy Kreme)
- No M&Ms- plain or peanut
- No Ritz-bitz sandwich crackers
- No cheese & cracker sandwiches/snack packs
- No generic brands of/= name brand foods on the safe snack list
- No Little Debbie products