









SAUK RAPIDS-RICE MIDDLE SCHOOL: LUNCH MENU May 27 - 31, 2019

Monday	Tuesday	Wednesday	Thursday	Friday
SIZZLE				
 NO SCHOOL	 PASTA" WG Penne Pasta with Italian Meat Sauce Orange Glazed Carrots	Manager's Choice	Manager's Choice	Manager's Choice
	BAKE			
	Sandwiches served on Whole Grain Buns			
	Breaded Chicken Patty Hamburger	Breaded Spicy Chicken Patty Cheeseburger	Breaded Chicken Patty Hamburger	
TAKE				
	Pizza is prepared on Whole Grain Pizza Crusts			
	Buffalo Chicken Pizza Cheese Pizza *Pepperoni Pizza	*Sausage Pizza Cheese Pizza *Pepperoni Pizza	Cheese Pizza Pepperoni Pizza	
CASA AMIGOS				
	Southwest Ranch Dressing Available			
	Chicken OR Beef Taco Salad with Tortilla Chips and Brown Rice	Chicken OR Beef Nachos with Brown Rice	Chicken OR Beef Tacos with Seasoned Refried Beans	
OUTTAKES				
	Turkey Chef Salad	Assorted Salads	Assorted Salads	
	Chicken Caesar Salad	Whole Grain Dinner Rolls available with Salads		
ADD ONS				
	Romaine Side Salad with Lite Dressing	Assorted Vegetables	Assorted Vegetables	Assorted Vegetables
	Black Beans Fresh Whole Fruit Chilled Fruit	Assorted Fruit	Assorted Fruit	Assorted Fruit

FOOD FOCUS:

Berries
 -Blueberries are one of
 the only foods that are
 truly blue in color.

Student Lunch \$2.80

Reduced Lunch Price \$.00

Adult Lunch \$3.85

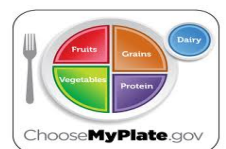
Skim, 1% and Chocolate Skim served daily

Lactose Free milk is available upon written request

Menu Subject to Change Without Notice. Questions or Comments? Contact Dining Services At 320-253-3628

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Food Service Director-Deanne Kania



* items may contain pork