



SAUK RAPIDS-RICE MIDDLE SCHOOL: April 2019, BREAKFAST MENU

Monday	Tuesday	Wednesday	Thursday	Friday
1 "Mini Cinnis" Mini Cinnamon Pull Apart Rolls Raisins Orange Juice Choice of Low Fat Milk	2 WG Cinnamon Pop Tart WG Cinnamon Grahams Apple Orange Tangerine Juice Choice of Low Fat Milk	3 Cocoa Puffs Cereal with WG Apple Cinnamon Muffin Orange Orange Juice Choice of Low Fat Milk	4 WG Apple Frudel Banana Apple Juice Choice of Low Fat Milk	5 Strawberry Banana Yogurt WG Apple Cinnamon Muffin Apple Orange Juice Choice of Low Fat Milk
8 "Mini Cinnis" Mini Cinnamon Pull Apart Rolls Raisins Orange Juice Choice of Low Fat Milk	9 Strawberry Oatmeal Bar Apple Orange Tangerine Juice Choice of Low Fat Milk	10 WG Breakfast Turkey Sausage Pizza Orange Apple Juice Choice of Low Fat Milk	11 WG Apple Frudel Banana Apple Juice Choice of Low Fat Milk	12 Strawberry Banana Yogurt WG Apple Cinnamon Muffin Apple Orange Juice Choice of Low Fat Milk
15 Strawberry Nutrigrain Bar WG Blueberry Muffin Raisins Orange Juice Choice of Low Fat Milk	16 WG Cinnamon Pop Tart WG Cinnamon Grahams Apple Orange Tangerine Juice Choice of Low Fat Milk	17 WG Breakfast Turkey Sausage Pizza Orange Apple Juice Choice of Low Fat Milk	18 WG Apple Frudel Banana Apple Juice Choice of Low Fat Milk	19 NO SCHOOL
22 "Mini Cinnis" Mini Cinnamon Pull Apart Rolls Raisins Orange Juice Choice of Low Fat Milk	23 WG Cinnamon Pop Tart WG Cinnamon Grahams Apple Orange Tangerine Juice Choice of Low Fat Milk	24 WG Breakfast Turkey Sausage Pizza Orange Apple Juice Choice of Low Fat Milk	25 Strawberry Oatmeal Bar Banana Orange Tangerine Juice Choice of Low Fat Milk	26 Strawberry Nutrigrain Bar WG Blueberry Muffin Apple Orange Juice Choice of Low Fat Milk
29 "Mini Cinnis" Mini Cinnamon Pull Apart Rolls Raisins Orange Juice Choice of Low Fat Milk	30 WG Cinnamon Pop Tart WG Cinnamon Grahams Apple Orange Tangerine Juice Choice of Low Fat Milk			

BREAKFAST: A full student breakfast includes a choice of entree supplying grain and/or protein, two (2) fruit side dishes and choice of milk. Milk choices include 1% white and Skim.

Student Price \$0.00

Reduced Price \$0.00

Adult Price \$2.25

Milk 1/2 Pt \$.40

*Item may contain pork

Menus subject to change without notice. If you have questions or comments contact Dining Services at 320-253-3628

This institution is an equal opportunity provider.