



**SAUK RAPIDS-RICE MIDDLE SCHOOL: March 2019, BREAKFAST MENU**

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Strawberry Nutri Grain Bar WG Blueberry Muffin Apple Orange Juice Choice of Low Fat Milk
4 "Mini Cinnis" Mini Cinnamon Pull Apart Rolls Raisins Orange Juice Choice of Low Fat Milk	5 WG Cinnamon Pop Tart WG Cinnamon Grahams Apple Orange Tangerine Juice Choice of Low Fat Milk	6 Cocoa Puffs with WG Apple Cinnamon Muffin Orange Orange Juice Choice of Low Fat Milk	7 WG Apple Frudel Banana Apple Juice Choice of Low Fat Milk	8 NO SCHOOL
11 "Mini Cinnis" Mini Cinnamon Pull Apart Rolls Raisins Orange Juice Choice of Low Fat Milk	12 Strawberry Oatmeal Bar Apple Orange Tangerine Juice Choice of Low Fat Milk	13 WG Breakfast Turkey Sausage Pizza Orange Apple Juice Choice of Low Fat Milk	14 WG Fudge Pop Tart WG Cinnamon Grahams Banana Apple Juice Choice of Low Fat Milk	15 Strawberry Banana Yogurt WG Apple Cinnamon Muffin Apple Orange Juice Choice of Low Fat Milk
18 Strawberry Nutri Gran Bar WG Blueberry Muffin Raisins Orange Juice Choice of Low Fat Milk	19 WG Cinnamon Pop Tart WG Cinnamon Grahams Apple Orange Tangerine Juice Choice of Low Fat Milk	20 WG Breakfast Turkey Sausage Pizza String Cheese Stick Orange Apple Juice Choice of Low Fat Milk	21 WG Apple Frudel Banana Apple Juice Choice of Low Fat Milk	22 Cocoa Puffs Cereal Strawberry Banana Yogurt Apple Orange Juice Choice of Low Fat Milk
25 "Mini Cinnis" Mini Cinnamon Pull Apart Rolls Raisins Orange Juice Choice of Low Fat Milk	26 WG Fudge Pop Tart WG Cinnamon Grahams Apple Orange Tangerine Juice Choice of Low Fat Milk	27 WG Breakfast Turkey Sausage Pizza Orange Apple Juice Choice of Low Fat Milk	28 Strawberry Oatmeal Bar Banana Orange Tangerine Juice Choice of Low Fat Milk	29 Late Start No Breakfast

**BREAKFAST: A full student breakfast includes a choice of entree supplying grain and/or protein, two (2) fruit side dishes and choice of milk. Milk choices include 1% white and Skim.**

Student Price \$0.00

Reduced Price \$0.00

Adult Price \$2.25

Milk 1/2 Pt \$.40

\*Item may contain pork

Menus subject to change without notice. If you have questions or comments contact Dining Services at 320-253-3628

This institution is an equal opportunity provider.