



SAUK RAPIDS-RICE ELEMENTARY SCHOOLS: January 2019, BREAKFAST MENU

Monday	Tuesday	Wednesday	Thursday	Friday
NO SCHOOL	NO SCHOOL	2 Fudge Pop Tart WG Cinnamon Grahams WG Banana Orange Tangerine Juice Choice of Low Fat Milk	3 Apple Frudel WG Raisins Orange Tangerine Juice Choice of Low Fat Milk	4 "Cinnamon Toast Crunch Bar Animal Crackers WG Orange Orange Tangerine Juice Choice of Low Fat Milk
7 Cinnamon Pop Tart WG Cinnamon Grahams Orange Orange Tangerine Juice Choice of Low Fat Milk	8 Apple Cinnamon Muffin Apple Slices Orange Tangerine Juice Choice of Low Fat Milk	9 Strawberry Oatmeal Bar Banana Orange Tangerine Juice Choice of Low Fat Milk	10 "Mini Cinnis" Mini Cinnamon Pull Apart Rolls Raisins Orange Tangerine Juice Choice of Low Fat Milk	11 Cinnamon Toast Crunch Bar Animal Crackers WG Orange Orange Tangerine Juice Choice of Low Fat Milk
14 Fudge Pop Tart WG Cinnamon Grahams WG Orange Orange Tangerine Juice Choice of Low Fat Milk	15 Blueberry Muffin Apple Slices Orange Tangerine Juice Choice of Low Fat Milk	16 Cinnamon Toast Crunch Bar Animal Crackers WG Banana Orange Tangerine Juice Choice of Low Fat Milk	17 "Mini Cinnis" Mini Cinnamon Pull Apart Rolls Raisins Orange Tangerine Juice Choice of Low Fat Milk	18 Strawberry Oatmeal Bar Orange Orange Tangerine Juice Choice of Low Fat Milk
21 NO SCHOOL	22 Apple Cinnamon Muffin Apple Slices Orange Tangerine Juice Choice of Low Fat Milk	23 Cinnamon Pop Tart WG Cinnamon Grahams WG Orange Orange Tangerine Juice Choice of Low Fat Milk	24 "Mini Cinnis" Mini Cinnamon Pull Apart Rolls Raisins Orange Tangerine Juice Choice of Low Fat Milk	25 Cinnamon Toast Crunch Bar Animal Crackers WG Orange Orange Tangerine Juice Choice of Low Fat Milk
28 Strawberry Oatmeal Bar Orange Orange Tangerine Juice Choice of Low Fat Milk	29 Blueberry Muffin Apple Slices Orange Tangerine Juice Choice of Low Fat Milk	30 Fudge Pop Tart WG Banana Orange Tangerine Juice Choice of Low Fat Milk	31 Apple Frudel WG Raisins Orange Tangerine Juice Choice of Low Fat Milk	

BREAKFAST: A full student breakfast includes a choice of entree supplying grain and/or protein, two (2) fruit side dishes and choice of milk. Milk choices include 1% white, Skim.

Student Price \$0.00

Reduced Price \$0.00

Adult Price \$2.10

Milk 1/2 Pt \$.40

Menus subject to change without notice. If you have questions or comments contact Dining Services at 320-253-3628

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* items may contain pork