



## SAUK RAPIDS-RICE HIGH SCHOOL: December 2018, BREAKFAST MENU

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
Breakfast Sausage Pizza or Cinnamon Toast Crunch Cereal w/Blueberry Muffin with choice of Diced Pears 100% Apple Juice	"Mini Cinnis" Mini Pull Apart Roll Strawberry Cream Cheese Bagel with choice of Raisins 100% Orange Juice	Whole Grain Waffles with Syrup Lucky Charms w/ String Cheese with choice of Peaches 100% Apple Juice	"Mini Cinnis" Mini Pull Apart Rolls Golden Grahams w/Apple Cinnamon Muffin with choice of Mixed Fruit 100% Orange Juice	Strawberry, Blueberry Yogurt Parfait Cocoa Puffs Cereal w/Blueberry Muffin with choice of Apple 100% Grape Juice
10	11	12	13	14
Breakfast Sausage Pizza or Cocoa Puffs Cereal w/ String Cheese with choice of Diced Pears 100% Apple Juice	"Mini Cinnis" Mini Pull Apart Rolls and Orange Juice or Strawberry Cream Cheese Bagel with choice of Raisins 100% Orange Juice	Whole Grain Waffles w/Syrup or Cinnamon Toast Cereal & WG Blueberry Muffin with choice of Peaches 100% Apple Juice	"Mini Cinnis" Mini Pull Apart Rolls or Lucky Charms Cereal & WG Apple Cinnamon Muffin with choice of Mixed Fruit 100% Orange Juice	Strawberry, Blueberry Yogurt Parfait or Cinnamon Toast Crunch Cereal w/Blueberry Muffin with choice of Apple 100% Grape Juice
17	18	19	20	21
Breakfast Sausage Pizza or Golden Grahams w/Blueberry Muffin with choice of Diced Pears 100% Apple Juice	"Mini Cinnis" Mini Pull Apart Rolls or Bagel Cream Cheese Stix with choice of Raisins 100% Orange Juice	Whole Grain Waffles w/Syrup or Strawberry Nutri Grain Bar with choice of Peaches 100% Apple Juice	"Mini Cinnis" Mini Pull Apart Rolls or Lucky Charms Cereal & WG Apple Cinnamon Muffin with choice of Mixed Fruit 100% Orange Juice	NO SCHOOL  HOLIDAY BREAK  SCHOOL STARTS BACK January 2nd 100% Grape Juice
24	25	26	27	28
NO SCHOOL  HOLIDAY BREAK	NO SCHOOL  HOLIDAY BREAK	NO SCHOOL  HOLIDAY BREAK	NO SCHOOL  HOLIDAY BREAK	NO SCHOOL  HOLIDAY BREAK  SCHOOL STARTS BACK JANUARY 2nd
31				
NO SCHOOL  HOLIDAY BREAK				

**BREAKFAST: A full student breakfast includes a choice of entree supplying grain and/or protein, two (2) fruit side dishes and choice of milk. Milk choices include 1% white and skim.**

Student Price \$0.00

Reduced Price \$0.00

Adult Price \$2.25

Milk 1/2 Pt \$.40

Menus subject to change without notice. If you have questions or comments contact Dining Services at 320-253-3628

\*items may contain pork

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