





SAUK RAPIDS-RICE ELEMENTARY SCHOOLS: November 2018, BREAKFAST MENU

Monday	Tuesday	Wednesday	Thursday	Friday
			1 "Mini Cinnis" Mini Cinnamon Pull Apart Rolls	2 Strawberry Breakfast Bar
			Raisins	Orange
			Orange Tangerine Juice Choice of Low Fat Milk	Orange Tangerine Juice Choice of Low Fat Milk
5 Strawberry Oatmeal Bar	6 Blueberry Muffin	7 Fudge Pop Tart	8 Apple Frudel	9 Late Start
Orange Orange Tangerine Juice Choice of Low Fat Milk	Apple Slices Orange Tangerine Juice Choice of Low Fat Milk	Banana Choice of Low Fat Milk	Raisins Orange Tangerine Juice Choice of Low Fat Milk	No Breakfast Served
12 *Cinnamon Pop Tart	13 *Apple Cinnamon Muffin	14 Strawberry Oatmeal Bar	15 "Mini Cinis" Mini Cinnamon Pull Apart Rolls	16 *Cinnamon Toast Crunch Bar
Orange	Apple Slices Orange Tangerine Juice	Banana Orange Tangerine Juice	Raisins Orange Tangerine Juice	Orange
Choice of Low Fat Milk	Choice of Low Fat Milk	Choice of Low Fat Milk	Choice of Low Fat Milk	Choice of Low Fat Milk
19 Fudge Pop Tart	20 Blueberry Muffin	21 *Cinnamon Toast Crunch	NO SCHOOL	NO SCHOOL
Orange Choice of Low Fat Milk	Apple Slices Orange Tangerine Juice Choice of Low Fat Milk	Raisins Orange Tangerine Juice Choice of Low Fat Milk		
26 Fudge Pop Tart	27 *Apple Cinnamon Muffin	28 *Cinnamon Pop Tart	29 "Mini Cini" Mini Cinnamon Pull Apart Rolls	30 NO SCHOOL
Orange Orange Tangerine Juice Choice of Low Fat Milk	Apple Slices Orange Tangerine Juice Choice of Low Fat Milk	Banana Choice of Low Fat Milk	Raisins Orange Tangerine Juice Choice on Low Fat Milk	

BREAKFAST: A full student breakfast includes a choice of entree supplying grain and/or protein, two (2) fruit side dishes and choice of milk. Milk choices include 1% white, Skim.

Student Price \$0.00 Reduced Price \$0.00 Adult Price \$2.10 Milk 1/2 Pt \$.40 Menus subject to change without notice. If you have questions or comments contact Dining Services at 320-253-3628 USDA is an equal Opportunity provider and employer

* items may contain pork